

Client Name:

Categories	County Authorized Hours	Hours per week Claimant is Requesting
Domestic Services Housework MPP 30-757.11 (monthly)		
RELATED SERVICES MPP 30-757.13 (weekly)		
Prepare Meals MPP 30-757.131		
Snack MPP 30-757.131 & MPP 30-757-132		
Meal Clean-up MPP 30-757.132		
Routine Laundry MPP 30-757.134		
Shopping for Food MPP 30-757.135 (b)		
Other Shopping/Errands MPP 30-757.135		
NON-MEDICAL PERSONAL SERVICES MPP 30-757.14 (weekly)		
Respiration Assistance (help with breathing) MPP 30-757.14 (b)		
Bowel, Bladder Care MPP 30-757.14(a)		

Client Name:

Feeding MPP 30.757.14(c)		
Routine Bed Bath MPP 30.757.14(d)		
Dressing MPP 30-757.14(f)		
Menstrual Care MPP 30-757 (j)		
Ambulation (help with walking, including getting in/out of vehicles) MPP 30-757.14(k)		
Transferring (help moving in/out of bed, on/off of seats etc.) MPP 30-757.14(h)		
Bathing, Oral hygiene, Grooming MPP 30-757.14(e)		
Rubbing Skins, Repositioning MPP 30-757(g)		
Help with Prosthesis (artificial Limb, visual hearing aid) and /or setting up medications MPP 30-757. (i)		
ACCOMPANIMENT MPP 30-757.15 (weekly)		

Client Name:

Transportation (To/From Medical Appointments) MPP 30-757.151 Accompaniment to alternative resource MPP 50-757.154		
	OTHER SERVICES (weekly)	
PROTECTIVE SUPERVISION MPP 30-757.17 (.171....174)		
PARAMEDICAL SERVICES MPP 30-757.19 (.191....198)		
	TIME LIMITED SERVICES (weekly)	
Heavy Cleaning MPP 30-757.12		
Yard Hazard Abatement, remove ice snow MPP 30-757.16		
Teaching and Demonstration MPP 30-757.18		
Total Weekly Hours x 4.33 weeks in a month:		

Client Name:

Add monthly Domestic hours		
Total monthly hours		

IHSS Regulations:

<https://www.cdss.ca.gov/inforesources/letters-regulations/legislation-and-regulations/adult-services-regulations>

IHSS ASSESSMENT TOOLS

ACIN I-97-20

https://cdss.ca.gov/Portals/9/Additional-Resources/Letters-and-Notices/ACINs/2020/I-97_20.pdf

Child Functional Index Rankings:

<https://www.cdss.ca.gov/Portals/9/IHSS/ITA/IHSS%20102/AAG.pdf?ver=20>

Vineland Maturity Scale: (see page 50-51 of 89)

<https://www.cdss.ca.gov/Portals/9/IHSS/ITA/IHSS%20Tools/IHSS102CourseMaterials.pdf>

Domestic Services MPP 30-757.11

Category: Domestic Services Housework

MPP: 30-757.11

MPP definition:

.11 Domestic services which are limited to the following:

- (a) Sweeping, vacuuming, washing and waxing of floor surfaces.
- (b) Washing kitchen counters and sinks.
- (c) Cleaning the bathroom.
- (d) Storing food and supplies.
- (e) Taking out garbage.
- (f) Dusting and picking up.

Client Name:

- (g) Cleaning oven and stove.
- (h) Cleaning and defrosting refrigerator.
- (i) Bringing in fuel for heating or cooking purposes from a fuel bin in the yard.
- (j) Changing bed linen.
- (k) Miscellaneous domestic services (e.g., changing light bulbs, wheelchair cleaning, and changing and recharging wheelchair batteries) when the service is identified and documented by the caseworker as necessary for the recipient to remain safely in his/her home. (1) The time guideline for "domestic services" shall not exceed 6.0 hours total per month per household unless the recipient's needs require an exception.

Functional Index Ranking for each service:

Summary:

RELATED SERVICES MPP 30-757.13

Category: Prepare Meals

MPP: 30-757.131

MPP definition

.131 Preparation of meals, which includes planning menus; removing food from the refrigerator or pantry; washing/drying hands before and after meal preparation; washing, peeling, and slicing vegetables; opening packages, cans and bags; measuring and mixing ingredients; lifting pots and pans; trimming meat; reheating food; cooking and safely operating the stove; setting the table; serving the meals; pureeing food; and cutting the food into bite-size pieces. (a) The time guidelines range for "preparation of meals" shall be as follows unless the recipient's needs require an exception:

(b) Factors for the consideration of time include, but are not limited to:

- (1) The extent to which the recipient can assist or perform tasks safely.
- (2) The types of food the recipient usually eats for breakfast, lunch, dinner, and snacks and the amount of time needed to prepare the food (e.g., more cooked meals versus meals that do not require cooking).
- (3) Whether the recipient is able to reheat meals prepared in advance and the types of food the recipient eats on days the provider does not work.
- (4) The frequency the recipient eats.
- (5) Time for universal precautions, as appropriate.

(c) Exception criteria to the time guideline range include, but are not limited to

- (1) If the recipient must have meals pureed or cut into bite-sized pieces.

Client Name:

- (2) If the recipient has special dietary requirements that require longer preparation times or preparation of more frequent meals.
- (3) If the recipient eats meals that require less preparation time (e.g., toast and coffee for breakfast).

Functional Index Ranking:
(exceptional need for child?)
(Vineland Maturity Scale?)

Summary:

Breakfast	
Lunch	
Dinner	
Snacks	

Category: Meal Clean-up

MPP: 30-757.132

MPP definition:

.132 Meal clean-up, which includes loading and unloading dishwasher; washing, rinsing, and drying dishes, pots, pans, utensils, and culinary appliances, and putting them away; storing/putting away leftover foods/liquids; wiping up tables, counters, stoves/ovens, and sinks; and washing/drying hands. (a) Meal clean up does not include general cleaning of the refrigerator, stove/oven, or counters and sinks. These services are assessed under "domestic services" in Section 30-757.11. (b) The time guideline range for "meal cleanup" shall be as follows unless the recipient's needs require an exception:

Functional Index Ranking:
(exceptional need for child?)
(Vineland Maturity Scale?)

Summary:

Client Name:

Breakfast	
Lunch	
Dinner	
Snacks	

Category: Routine Laundry

MPP: 30-757.134

MPP definition:

.134 Laundry services which includes the tasks of washing and drying laundry, mending, ironing, folding, and storing clothes on shelves or in drawers. (a) Laundry facilities are considered available in the home if, at a minimum, there exists a washing machine and a capability to dry clothes on the premises. (b) The need for out-of-home laundry services exists when laundry facilities are not available on the premises and it is therefore necessary to go outside the premises to accomplish this service. Included in out-of-home laundry is the time needed to travel to/from a locally available laundromat or other laundry facility. (c) The time guideline for laundry service where laundry facilities are available in the home shall not exceed 1.0 hours total per week per household unless the recipient's need requires an exception to exceed this limit

Functional Index Ranking:

(exceptional need for child?)

(Vineland Maturity Scale?)

Summary:

Category: Shopping for Food

MPP: 30-757.135 (b)

MPP definition:

Client Name:

.135 Food shopping which includes reasonable food shopping and other shopping/errands limited to the nearest available stores or other facilities consistent with the recipient's economy and needs.

(a) The county shall not authorize additional time for the recipient to accompany the provider.

(b) Food shopping includes the tasks of making a grocery list, travel to/from the store, shopping, loading, unloading, and storing food.

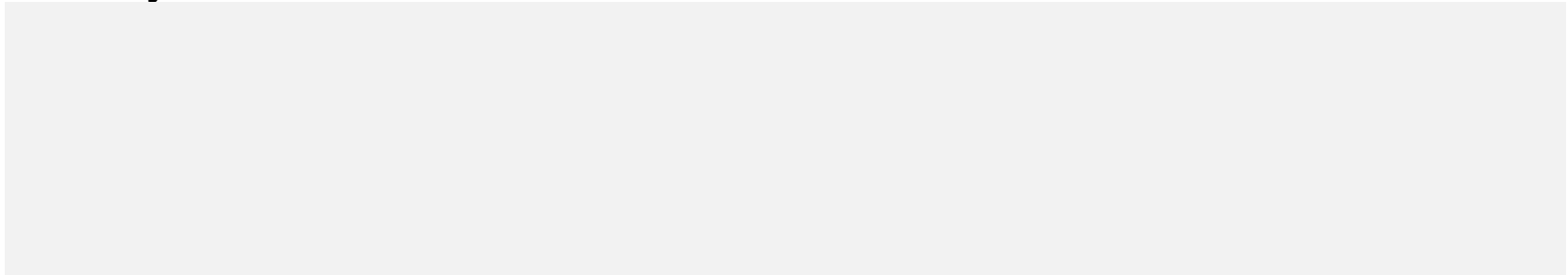
(1) The time guideline for " food shopping" shall not exceed 1.0 hour total per week per household unless the recipient's need requires an exception to exceed this limit.

(c) Other shopping/errands includes the tasks of making a shopping list, travel to/from the store, shopping, loading, unloading, and storing supplies purchased, and/or performing reasonable errands such as delivering a delinquent payment to avert an imminent utility shut-off or picking up a prescription, etc.

(1) The time guideline for "other shopping/errands" shall not exceed 0.5hour total per week per household unless the recipient's need requires an exception to exceed this limit.

**Functional Index Ranking:
(exceptional need for child?)
(Vineland Maturity Scale?)**

Summary:



Category: Other Shopping/Errands

MPP: 30-757.135

MPP definition:

.135 Food shopping which includes reasonable food shopping and other shopping/errands limited to the nearest available stores or other facilities consistent with the recipient's economy and needs.

(c) Other shopping/errands includes the tasks of making a shopping list, travel to/from the store, shopping, loading, unloading, and storing supplies purchased, and/or performing reasonable errands such as delivering a delinquent payment to avert an imminent utility shut-off or picking up a prescription, etc.

Client Name:

(1) The time guideline for "other shopping/errands" shall not exceed 0.5hour total per week per household unless the recipient's need requires an exception to exceed this limit.

Functional Index Ranking:
(exceptional need for child?)
(Vineland Maturity Scale?)

Summary:

[Redacted Summary]

NON-MEDICAL PERSONAL SERVICES MPP 30-757.14

Category: Respiration Assistance (help with breathing)

MPP: 30-757.14 (b)

MPP definition:

(b) Respiration limited to nonmedical services such as assistance with self-administration of oxygen and cleaning IPPB machines. .42 If all the recipient's needs for human assistance in respiration are met with the paramedical services of tracheostomy care and suctioning, the recipient should be ranked a "1" because this care is paramedical service rather than respiration.

Functional Index Ranking:
(exceptional need for child?)

Summary:

[Redacted Summary]

Category: Bowel, Bladder Care

MPP: 30-757.14(a)

MPP definition:

.14 Personal care services, limited to:

(a) "Bowel and bladder" care, which includes assistance with using, emptying, and cleaning bed pans/bedside commodes, urinals, ostomy, enema and/or catheter receptacles; ,application of diapers; positioning for diaper changes; managing clothing; changing

Client Name:

disposable barrier pads; putting on/taking off disposable rubber gloves; wiping and cleaning recipient; assistance with getting on/off commode or toilet; and washing/drying recipient's and providers hands.

(1) "Bowel and bladder" care does not include insertion of enemas, catheters, suppositories, digital stimulation as part of a bowel program, or colostomy irrigation. These tasks are assessed as "paramedical services" specified at Section 30-757.19.

(2) The time guideline range for "bowel and bladder" care shall be as follows unless the recipient's needs require an exception:

**Functional Index Ranking:
(exceptional need for child?)**

Summary:

[Redacted Summary]

Category: Feeding

MPP: 30.757.14(c)

MPP definition:

(c) "Feeding," which includes assistance with consumption of food and assurance of adequate fluid intake consisting of feeding or related assistance to recipients who cannot feed themselves or who require other assistance with special devices in order to feed themselves or to drink adequate liquids.

(1) "Feeding" tasks include assistance with reaching for, picking up, and grasping utensils and cup; cleaning recipient's face and hands; and washing/drying hands; and washing/drying hands before and after feeding.

(2) "Feeding" tasks do not include cutting food into bite-sized pieces or pureeing food, as these tasks are assessed in "preparation of meals" services specified at Section 30-757.131.

(3) The time guideline range for "feeding" shall be as follows unless the recipient's needs require an exception:

**Functional Index Ranking:
(exceptional need for child?)
(Vineland Maturity Scale?)**

Summary:

[Redacted Summary]

Client Name:

Category: Routine Bed Bath

MPP: 30.757.14(d)

MPP definition:

(d) Routine bed baths, which includes cleaning basin or other materials used for bed sponge baths and putting them away; obtaining water and supplies; washing, rinsing, and drying body; applying lotion, powder and deodorant; and washing/drying hands before and after bathing.

Functional Index Ranking:

(exceptional need for child?)

(Vineland Maturity Scale?)

Summary:

[Redacted summary area]

Category: Dressing

MPP: 30-757.14(f)

MPP definition:

(f) Dressing, which includes washing/drying of hands; putting on/taking off, fastening/unfastening, buttoning/unbuttoning, zipping/unzipping, and tying/untying of garments, undergarments, corsets, elastic stockings and braces; changing soiled clothing; and bringing tools to the recipient to assist with independent dressing.

Functional Index Ranking:

(exceptional need for child?)

(Vineland Maturity Scale?)

Summary:

[Redacted summary area]

Category: Menstrual Care

MPP: 30-757 (j)

Client Name:

MPP definition:

(j) Routine menstrual care which is limited to external application of sanitary napkins and external cleaning and positioning for sanitary napkin changes, using and/or disposing of barrier pads, managing clothing, wiping and cleaning, and washing/drying hands before and after performing these tasks.

(1) In assessing "menstrual" care, it may be necessary to assess additional time in other service categories specified in this section, such as "laundry," "dressing," "domestic," "bathing, oral hygiene, and grooming." (2) In assessing "menstrual" care, if the recipient wears diapers, time for menstrual care should not be necessary. This time would be assessed as a part of "bowel and bladder" care.

**Functional Index Ranking:
(exceptional need for child?)**

Summary:

Category: Ambulation (help with walking, including getting in/out of vehicles)

MPP: 30-757.14(k)

MPP definition:

(k) Ambulation, which includes assisting the recipient with walking or moving from place to place inside the home, including to and from the bathroom; climbing or descending stairs; moving and retrieving assistive devices, such as a cane, walker, or wheelchair, etc. and washing/drying hands before and after performing these tasks. "Ambulation" also includes assistance to/from the front door to the car (including getting in and out of the car) for medical accompaniment and/or alternative resource travel.

**Functional Index Ranking:
(exceptional need for child?)
(Vineland Maturity Scale?)**

Summary:

Client Name:

Category: Transferring (help moving in/out of bed, on/off of seats etc.)

MPP: 30-757.14(h)

MPP definition:

(h) "Transfer," which includes assisting from standing, sitting, or prone position to another position and/or from one piece of equipment or furniture to another. This includes transfer from a bed, chair, couch, wheelchair, walker, or other assistive device generally occurring within the same room.

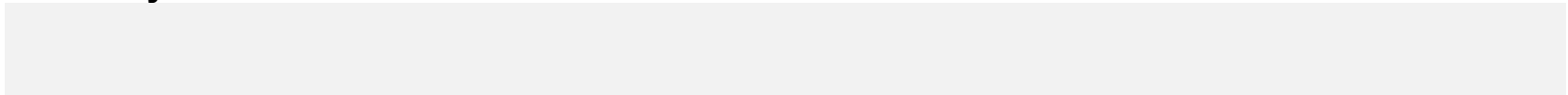
(1) "Transfer" does not include: (A) Assistance on/off toilet. This task is assessed as part of "bowel and bladder" care specified at Section 30-757.14(a).(B) Changing the recipient's position to prevent skin breakdown and to promote circulation. This task is assessed as part of "repositioning and rubbing skin" specified at Section 30-757.14(g).

Functional Index Ranking:

(exceptional need for child?)

(Vineland Maturity Scale?)

Summary:



Category: Bathing, Oral hygiene, Grooming

MPP: 30-757.14(e)

MPP definition:

(e) Bathing, oral hygiene and grooming:

(1) Bathing includes cleaning the body in a tub or shower; obtaining water/supplies and putting them away; turning on/off faucets and adjusting water temperature; assistance with getting in/out of tub or shower; assistance with reaching all parts of the body for washing, rinsing, drying and applying lotion, powder, deodorant; and washing/drying hands.

(2) Oral hygiene includes applying toothpaste, brushing teeth, rinsing mouth, caring for dentures, flossing, and washing/drying hands.

(3) Grooming includes hair combing/brushing; hair trimming when the recipient cannot get to the barber/salon; shampooing, applying conditioner, and drying hair; shaving; fingernail/toenail care when these services are not assessed as "paramedical" services for the recipient; and washing/drying hands. (4) "Bathing, oral hygiene, and grooming," does not include getting to/from the bathroom. These tasks are assessed as mobility under "ambulation" services specified at Section 30-757.14(k).

Client Name:

**Functional Index Ranking:
(exceptional need for child?)
(Vineland Maturity Scale?)**

Summary:



Category: Rubbing Skins, Repositioning

MPP: 30-757(g)

MPP definition:

(g) Repositioning and rubbing skin, which includes rubbing skin to promote circulation and/or prevent skin breakdown; turning in bed and other types of repositioning; and range of motion exercises which shall be limited to the following:

- (1) General supervision of exercises which have been taught to the recipient by a licensed therapist or other health care professional to restore mobility restricted because of injury, disuse or disease.
- (2) Maintenance therapy when the specialized knowledge and judgment of a qualified therapist is not required and the exercises are consistent with the patient's capacity and tolerance.

**Functional Index Ranking:
(exceptional need for child?)
(Vineland Maturity Scale?)**

Summary:



Category: Help with Prosthesis (artificial Limb, visual hearing aid) and /or setting up medications

MPP: 30-751.(i)

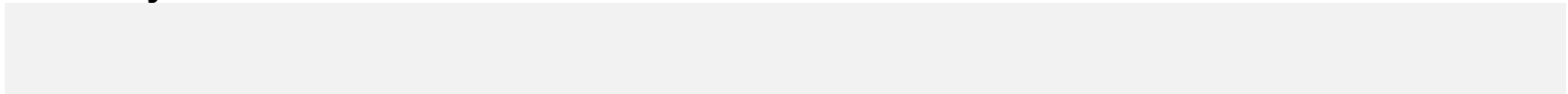
MPP definition:

Client Name:

(i) Care of and assistance with prosthetic devices and assistance with self-administration of medications, which includes assistance with taking off/putting on and maintaining and cleaning prosthetic devices, vision/hearing aids and washing/drying hands before and after performing these tasks. (1) Assistance with self-administration of medications consists of reminding the recipient to take prescribed and/or over-the-counter medications when they are to be taken and setting up Medi-sets.

**Functional Index Ranking:
(exceptional need for child?)
(Vineland Maturity Scale?)**

Summary:



Accompaniment MPP 30-757.15

Category: Transportation (To/From Medical Appointments)

MPP: 30-757.15

MPP definition:

.15 Assistance by the provider is available for transportation when the recipient's presence is required at the destination and such assistance is necessary to accomplish the travel, limited to:

.151 Transportation to and from appointments with physicians, dentists and other health practitioners.

.152 Transportation necessary for fitting health related appliances/devices and special clothing.

.153 Transportation under .151 and .152 above shall be authorized only after social service staff have determined that Medi-Cal will not provide transportation in the specific case.

.154 Transportation to the site where alternative resources provide in-home supportive services to the recipient in lieu of IHSS.

.456 The IHSS provided shall be limited to

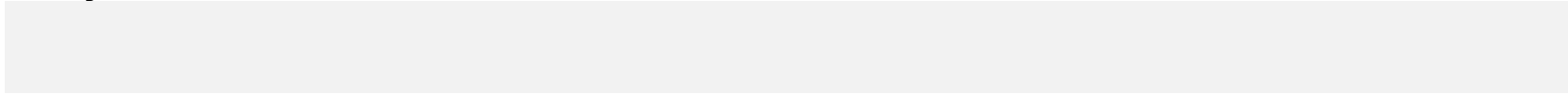
(c) Accompaniment when needed during necessary travel to health-related appointments or to alternative resource sites, as specified in Section 30 757.15.

Functional Index Ranking:

(exceptional need for child?) see https://www.disabilityrightsca.org/system/files/file-attachments/560701_0.pdf . This publication also discusses wait time availability

Client Name:

Summary:



Category: PROTECTIVE SUPERVISION

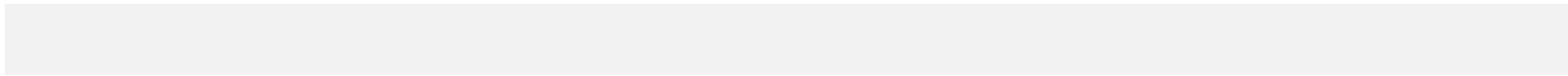
MPP: 30-757.17 (.171....174)

MPP definition:

.17 Protective Supervision consists of observing recipient behavior and intervening as appropriate in order to safeguard the recipient against injury, hazard, or accident. .171 Protective Supervision is available for observing the behavior of non-self-directing, confused, mentally impaired, or mentally ill persons only.

(a) Protective Supervision may be provided through the following, or combination of the following arrangements. (1) In-Home Supportive Services program; (2) Alternative resources such as adult or child day care centers, community resource centers, Senior Centers; respite centers; (3) Voluntary resources; (4) Repealed by Manual Letter No. SS-07-01

Summary:



Category: PARAMEDICAL SERVICES

MPP: 30-757.19 (.191....198)

MPP definition:

.19 Paramedical services, under the following conditions:

.191 The services shall have the following characteristics: (a) are activities which persons would normally perform for themselves but for their functional limitations, (b) are activities which, due to the recipient's physical or mental condition, are necessary to maintain the recipient's health. (c) are activities which include the administration of medications, puncturing the skin, or inserting a medical device into a body orifice, activities requiring sterile procedures, or other activities requiring judgment based on training given by a licensed health care professional.

Client Name:

Functional Index Ranking: 6

Summary:

[Redacted Summary]

Time Limited Services

Category: Heavy Cleaning

MPP: 0-757.12

MPP definition:

.12 Heavy cleaning which involves thorough cleaning of the home to remove hazardous debris or dirt.

.121 The county shall have the authority to authorize this service only at the time IHSS is initially granted, to enable the provider to perform continuous maintenance; or if a lapse in eligibility occurs, eligibility is reestablished, and IHSS has not been provided within the previous 12 months. The county shall also have the authority to authorize this service should the recipient's living conditions result in a threat to his/her safety and such service may be authorized where a recipient is at risk of eviction for failure to prepare his/her home or abode for fumigation as required by statute or ordinance. The caseworker shall document the circumstances, justifying any such allowance.

Functional Index Ranking:

Summary:

[Redacted Summary]

Category: Yard Hazard Abatement, Ice snow

MPP: 30-757.16

MPP definition:

.16 Yard hazard abatement is light work in the yard which may be authorized for:

.161 Removal of high grass or weeds, and rubbish when this constitutes a fire hazard.

Client Name:

.162 Removal of ice, snow or other hazardous substances from entrances and essential walkways when access to the home is hazardous.

.163 Such services are limited by Sections 30.763.235(b) and .24.

Functional Index Ranking:

Summary:

[Redacted summary box]

Category: Teaching and Demonstration

MPP: 30-757.18

MPP definition:

.18 Teaching and demonstration services provided by IHSS providers to enable recipients to perform for themselves services which they currently receive from IHSS. Teaching and demonstration services are limited to instruction in those tasks specified in .11, .13, .14, and .16 above.

Functional Index Ranking:

Summary:

[Redacted summary box]